

**MASTER CLASS**  
**WITH: Kari Bø:**  
**pelvic floor**  
**training**

**Lunes 7 de octubre de 2019**

Jardines de Centro Médico Teknon  
De 18.00 h. a 19.00 h.

Actividad en inglés sin traducción simultánea.

Dirigida a fisioterapeutas y otros  
profesionales de la salud.

**Aforo limitado**



 **asociación  
continentia**



**CENTRO MÉDICO TEKNON**

Grupo  **quirónsalud**

tekon.es

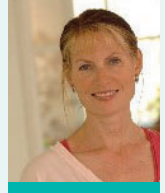


# MASTER CLASS with Kari Bø: pelvic floor training

Kari Bø is a trained physical therapist and exercise scientist. She had her PhD (doctor of science) in 1990 and was appointed professor of exercise science in 1997. She was elected rector of the Norwegian School of Sport Sciences. She has been the vice president of the Norwegian Council for Physical Activity, giving advice to the Norwegian Minister of Health on physical activity, fitness and health.

Professor Bø has published > 265 scientific papers on pelvic floor dysfunction, treatment of incontinence and low back and pelvic girdle pain, exercise during pregnancy and after childbirth, measurement methodology, fitness and women. She has published videos and books about the pelvic floor and women's health for the general public, and has been visiting fellow/professor in universities at USA (Stanford) and New Zealand, Australia. She has also advised the Singapore Ministry of Health, Bristol Urology Institute UK and Brazil.

Above all these academic and scientific merits, she is well known for being a sympathetic and active person, eager to co-operate with a wide range of institutions. It's an honour for us to have her sharing her knowledge at Centro Medico Teknon for the third time.



Professor,  
PhD Kari Bø,  
Norwegian  
School of Sport  
Sciences (NSSS),  
Oslo, Norway

## Coordinadores de la actividad:

### Dr. J. Emilio Batista

*Coordinador de la Unidad de Urodinamia.  
Centro Médico Teknon.  
Presidente de Asociación Continentia.*

### Anaïs Bassas

*Fisioterapeuta.  
Unidad de Urodinamia.  
Centro Médico Teknon.*

## Inscripciones

Del 1 al 25 de septiembre.

Aforo limitado.

Las plazas se asignarán por riguroso orden de inscripción.

Unidad de Investigación y Docencia.

Enlace formulario pendiente.

**93 290 62 68**

[infodocencia.t2@quironsalud.es](mailto:infodocencia.t2@quironsalud.es)

Precio inscripción: 35€

Inscripción para fisioterapeutas:  
adjuntar copia del título en PDF.

Precio reducido para profesionales  
de Quirónsalud: 20€.

**Se recomienda venir con ropa cómoda de deporte.**

## Con el patrocinio de:

## Centro Médico Teknon.

C/ Vilana, 12 - 08022 Barcelona - 93 290 62 00

## Quirónsalud, la salud persona a persona.

Más de 125 hospitales y centros médicos dedicados a tu salud.